

## ASTHMA CHECKLIST

1. Name of student \_\_\_\_\_ Grade \_\_\_\_\_ Teacher \_\_\_\_\_

2. Type of asthma (Bronchial, Allergic, Exercise-induced, Other) \_\_\_\_\_

3. Asthma/allergy physician: \_\_\_\_\_  
Phone : \_\_\_\_\_

4. Emergency Medications: (Inhaler and nebulizer medications):

Name \_\_\_\_\_ Dose \_\_\_\_\_ Times taken \_\_\_\_\_

Name \_\_\_\_\_ Dose \_\_\_\_\_ Times taken \_\_\_\_\_

Name \_\_\_\_\_ Dose \_\_\_\_\_ Times taken \_\_\_\_\_

5. Medication(s) taken to control asthma:

Name \_\_\_\_\_ Dose \_\_\_\_\_ Times taken \_\_\_\_\_

Name \_\_\_\_\_ Dose \_\_\_\_\_ Times taken \_\_\_\_\_

Name \_\_\_\_\_ Dose \_\_\_\_\_ Times taken \_\_\_\_\_

- **All medications** kept at school require medication forms signed by your child's physician and a parent/guardian.
- **Medication must be provided** by the parent/guardian.

6. Has your child been instructed in the proper use of inhalers? Yes \_\_\_\_\_ No \_\_\_\_\_

7. Does your child use a peak flow meter? Yes \_\_\_\_\_ No \_\_\_\_\_

8. How frequently do serious asthma attacks occur? \_\_\_\_\_

9. Has your child been hospitalized for asthma? Yes \_\_\_\_\_ No \_\_\_\_\_  
Explain when and how often \_\_\_\_\_

10. Does your child understand asthma and what he/she should do to manage it? Yes \_\_\_\_\_ No \_\_\_\_\_

11. What restrictions does your child have on activity, if any? \_\_\_\_\_

12. Other comments: \_\_\_\_\_

SIGNATURE \_\_\_\_\_ Date \_\_\_\_\_