



Tips for Parents

If you suspect your child is being bullied, what can you do?

- Talk with your child, listen, and be supportive.
- Keep a written record of bullying incidents (who, when, where, what/type of incident).
- Contact your child's guidance counselor and/or principal and remember that there are always several sides to a story.
- Contact the police about cyber bullying.
- Be sure your child understands that bullying is not a one-time incident, but rather a pattern of repeated behavior.
- Encourage your child to fill out a bullying card located in various classrooms, the main office, and the guidance office.

Bullying Incident Report
 Victim(s): _____
 Behavior Observed: (Please check all that apply)
 Verbal Attack Sexual Harassment
 Written Attack Physical Attack
 Dressing / Appearance Staring
 Describe Incident: _____
 Date: _____
 Report Name: _____
 (Please check this box if you are reporting on behalf of a bully/abuser.)



Contact Information NMS Anti-Bullying Committee

Mr. Michael Alessandroni, Principal
 Dr. Benjamin Ruby, Assistant Principal
 Mr. Matthew Hart, School Counselor
 Mrs. Dana Godfrey, School Counselor
 Mrs. Sarah Dorward, Green Team Teacher
 Mrs. Jennifer Gerber, Blue Team Teacher
 Mrs. Maureen Stephens, Red Team Teacher
 Mrs. Colleen Walker, Yellow Team Teacher
 Mr. Charlie Lenhart, Orange Team Teacher
 Mrs. Susan Lee, Parent Representative

The Bobcat Way:

100% of our students will graduate and be fully prepared for a post-secondary education.



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Northeastern Middle School



BULLYING PREVENTION PROGRAM



Anti-Defamation League

Northeastern Middle School has been recognized by the Anti-Defamation League as a No Place for Hate school every year since 2007!



DEFINITION

A student is being bullied when he/she is repeatedly exposed to negative actions by another student or other student that results in an imbalance of power. Bullying can take many forms, all of which are unwanted and can have harmful effects. Bullying behaviors (direct or indirect) can be physical, verbal, written, emotional, and/or cyber.



Physical – hitting, kicking, spitting, pushing, stealing and/or damaging personal belongings, sexual acts, and invasion of one’s personal space in an aggressive manner.

Verbal/Written – taunting, malicious teasing, name calling, making threats (including phone and internet), and sexual remarks.

Emotional – spreading rumors, manipulating social relationships or environments, engaging in social exclusion, extortion, ridiculing, and intimidating.

Cyber – intentional electronic act or series of acts that are 1) directed at another student(s); 2) occur in the school setting; 3) are severe, persistent and pervasive; AND have the effect of doing at least one of the following: substantially interfering with a student's education, creating a threatening environment, or substantially disrupting the orderly operation of the school.



WARNING SIGNS

- ◆ Loses interest in school and/or grades drop.
- ◆ Seems afraid of going to school and/or attendance drops.
- ◆ Appears sad, depressed, anxious, and moody.
- ◆ Complains of physical ailments, loss of appetite, and/or inability to sleep.
- ◆ Has unexplained cuts, bruises, and tears in clothing.
- ◆ Changes route to and from school.
- ◆ Has few friends with whom he/she spends time.



OLWEUS PROGRAM

The nationally-recognized Olweus Bullying Prevention Program was adopted by Northeastern Middle School in 2001 and a committee was established to run the program. The Anti-Bullying Committee consists of teachers, guidance counselors, administrators, and parents who have been trained to participate in this program. Bullying cards and boxes are located in classrooms and offices for students to complete when they feel bullied or witness bullying. (Cards may be completed anonymously.) The committee meets every week to review bullying cards and survey data, meet with bullies and victims, and plan anti-bullying events such as school assemblies. The committee also contacts parents of bullies and their victims and issues consequences when appropriate.

Consequences for bullying are outlined in the student handbook located within the student agenda.

Program Mission: to make our school a safe and positive place to learn.

Program Goal: to reduce and prevent bullying problems among students and improve peer relations.